Shaun Brown: Becoming a Co-Parent

Shaun says, “A few aspects of my life shaped me to have the attitude that I didn’t matter.” These included his arrest, the loss of a college track scholarship, and the death of his best friend.

“I got down on myself, my outlook on life. This 24/7 Dad class brought me back.” The class helped him realize he needed to make a better life for himself and his four children.

He claims the class “is the reason why my life is going in a whole new direction. This class has brought me where I used to be. The conversations we had brought me out of my funk. I have a different approach to my kids now, with more understanding of what they want and working on their perception of me.”

24/7 Dad is one of a number of Early Childhood Resource Center classes that teach parents how to understand child development, how to be role models for their children, and how to use positive parenting techniques to strengthen family bonds.

24/7 Dad taught Shaun about the importance of communication. He now communicates constantly with his children. He also has regular conversations with their mothers—with none of the emotional spikes that used to be common.

One thing that’s helped is coming to understand that people react differently to life events. While he may not always see eye to eye with his co-parents, he now knows how to respect their perspectives. And because he understands that his children are always watching, he’s learned never to disrespect their moms. He’s learned to become a true co-parent.

As he says it, “I realize the better I raise them, the better they will raise their children.”

24/7 DAD

The National Fatherhood Initiative’s 24/7 Dad® curriculum helps fathers learn to be involved, responsible, and committed, 24 hours a day, 7 days a week.

The program supports the growth and development of fathers and children as caring and compassionate people who treat themselves, others, and the environment with respect and dignity.

The program focuses on building self-awareness, self-caring, fathering skills, and relationship skills.

Your support helps to teach these positive parenting strategies to local fathers, so that our community’s children can get the best possible start in life.

For more information or to give securely online, visit ecresourcecenter.org